

OCTOBER 2022



PRE-SEPARATION COUNSELING

SUPPORT

ASSISTANCE

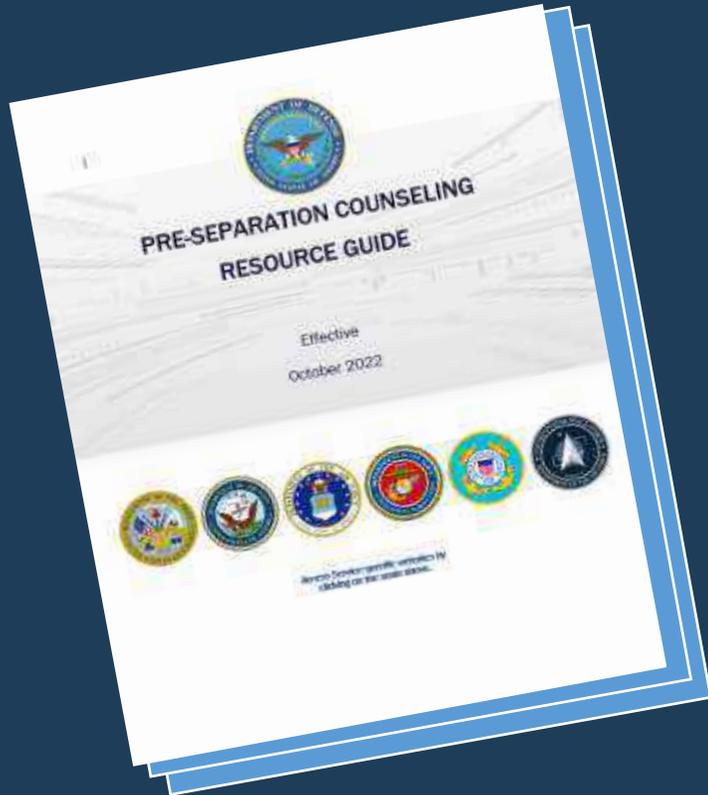
GUIDANCE

DISCLAIMER

The information provided herein does not constitute a formal endorsement of any company, its products, or services by the U.S. Department of Defense (DoD). Specifically, the appearance or use of external hyperlinks does not constitute endorsement by the DoD of the linked websites or the information, products, or services contained therein. The DoD does not exercise any editorial control over the information you may find at these locations. While this information provides informational resource material to assist military personnel and their families in identifying or exploring resources and options, the resources provided are not exhaustive.

All websites and URLs in this guide were active at the date of publication. However, web content is subject to change without notice. Users of this guide are advised to confirm information is current.

PRE-SEPARATION COUNSELING RESOURCE GUIDE



1. Go to: www.TAEvents.mil/Resources.
2. Select the *Pre-Separation Counseling Resource Guide*.
3. (This step is missing from the original image)
4. Download and save the Resource Guide on your computer or email it to yourself if using a government computer.

NOTE: The corresponding page of the Resource Guide (RG) will appear in the left, bottom corner of each slide in this brief.

**THE JOURNEY OF A
THOUSAND MILES
BEGINS WITH ONE
STEP.**

- Lao Tzu



10 STEPS TO TRANSITION



- STEP 1: Plan for Your Transition
- STEP 2: Build Your Transition Team
- STEP 3: Know Your VA Benefits
- STEP 4: Plan for Health/Mental Care and Health Insurance
- STEP 5: Plan for Civilian Employment/Vocational Training
- STEP 6: Learn About Federal Employment
- STEP 7: Plan for Further Education
- STEP 8: Consider Starting a Business
- STEP 9: Explore Additional Information and Benefits
- STEP 10: Know Where to Go for Assistance

MY TRANSITION “TO DO” LIST AND NOTES PAGE

The image shows a worksheet titled "My Transition 'To Do' List". It features a header row with the title and a "Task" column. Below the header is a "Complete?" column with a small checked box icon and a "Task" column with a "Task" label. The rest of the page is a grid of 15 rows, each with a checkbox in the "Complete?" column and a blank space for writing a task in the "Task" column.



ACTIVITY

Throughout this brief, add the tasks you need to complete and take notes as you prepare for transition.



STEP 1:

Plan for Your Transition

STEP 2: Build Your Transition Team

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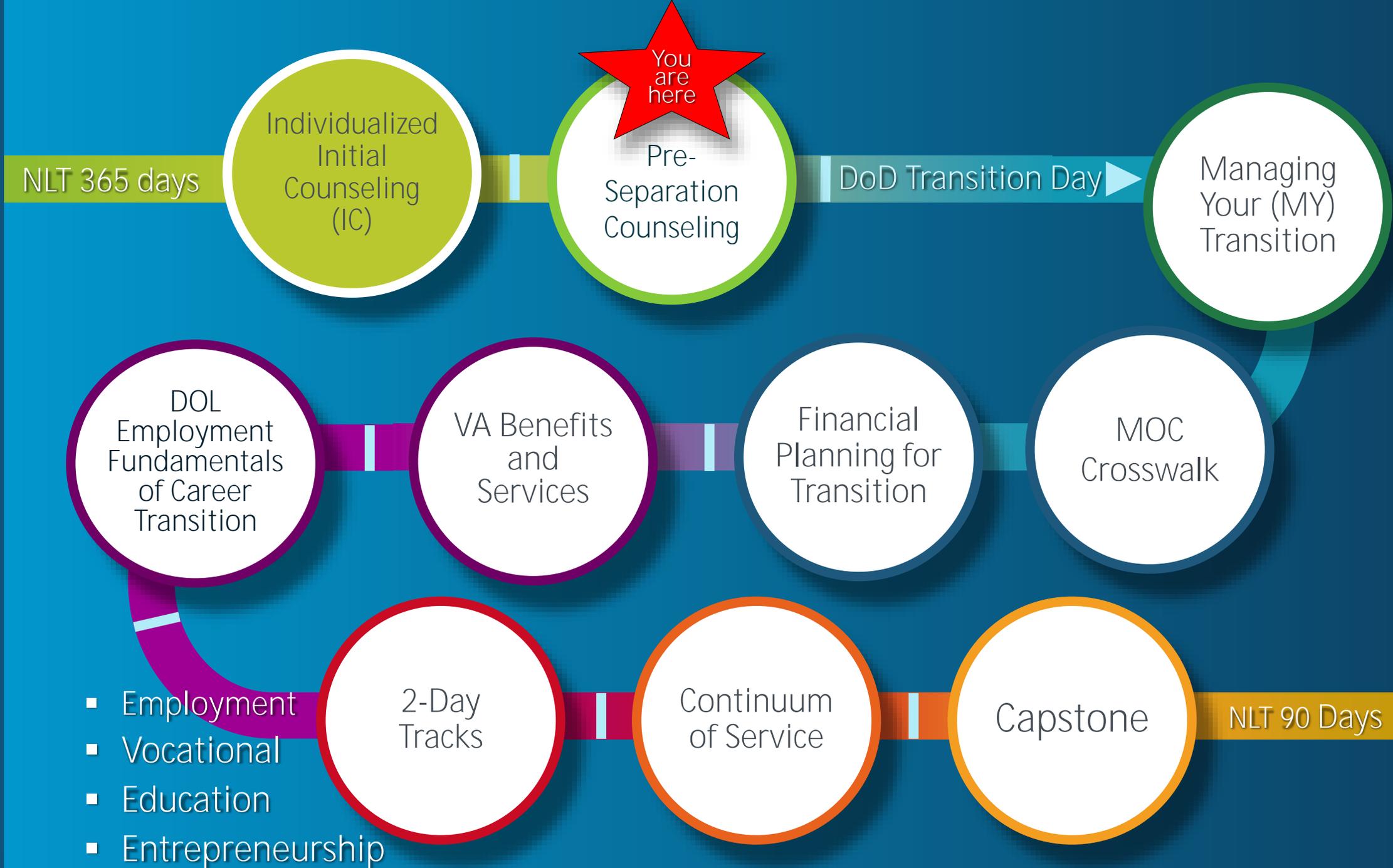
TRANSITION ASSISTANCE PROGRAM (TAP)

Congressionally mandated program that provides information, tools, and training to ensure Service members and their spouses are prepared for the next step in civilian life.

- Title 10 U.S.C., Sections 1142, 1143, 1144
- NDAA FY 19 John S. McCain, Section 552—Improvements to TAP
- NDAA FY20, Sections 570c, 570f
- DoDI 1332.35—TAP for Military Personnel



TAP OVERVIEW



CAREER READINESS STANDARDS



Ensure you are
ready for
transition.

Individualized
Initial
Counseling

Deliverables
assigned

TAP Modules

Deliverables
initiated

Capstone

Deliverables
verified



● GETTING STARTED

▶ INDIVIDUALIZED INITIAL COUNSELING

CRS

- Complete a personal self-assessment
- Initiate an Individualized Transition Plan (ITP)

▶ PRE-SEPARATION COUNSELING

DD FORM 2648

Service Member Pre-Separation/Transition Counseling and Career Readiness Standards eForm for Service Members Separating, Retiring, Released from Active Duty (REFRAD)

DD eFORM 2648 tracks completion of all TAP requirements.





TAP CORE CURRICULUM:

DoD/DHS Transition Day

▶ MANAGING YOUR (MY) TRANSITION

▶ MOC CROSSWALK

CRS

Complete a Gap Analysis or provide verification of employment

▶ FINANCIAL PLANNING FOR TRANSITION

CRS

Prepare a criterion-based, post-separation financial plan



TAP CORE CURRICULUM: VA Benefits and Services

CRS

Register on VA.gov

TAP CORE CURRICULUM: DOL ONE-DAY WORKSHOP

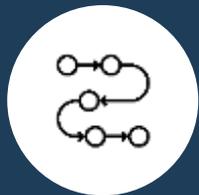
Employment Fundamentals for Career Transition (EFCT)



Introduces the essential tools and resources to evaluate career options.



Provides key information for civilian employment.



Explains the fundamentals of the employment process.

2-DAY TRACKS



▶ EMPLOYMENT



Complete a resume or provide verification of employment

▶ VOCATIONAL



Complete a comparison of technical training institution options

▶ EDUCATION



Complete a comparison of higher education institution options

▶ ENTREPRENEURSHIP

CONTINUUM OF MILITARY SERVICE OPPORTUNITY

This slide is included for sites to add site-specific information about the Continuum of Military Service Opportunity (Active-Component only) counseling.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RGB (R: 0, G: 176, B: 240)

CAREER READINESS STANDARDS



Completed	CRS	Course/Brief
	Start a personal self-assessment/ Individual Transition Plan (ITP)	IC/Pre-Separation Counseling
	Complete a Gap Analysis or provide verification of employment	MOC Crosswalk
	Prepare a criterion-based, post-separation financial plan	Financial Planning for Transition
	Register on VA.gov	VA Benefits and Services
	Complete a resume or provide verification of employment	DOL Employment Workshop
	Complete a comparison of higher education or technical training institution options	DoD Managing Your Education/ DOL Career Credential Exploration
	Complete a continuum of Military Service Opportunity counseling (Active-component only)	By Installation

DS LOGON & LOGIN.GOV



DS Logon

<https://myaccess.dmdc.osd.mil/>

MilConnect
DFAS
TRICARE OnLine



LOGIN.GOV

[Login.gov](https://www.login.gov)

VA.gov
Social Security Benefits
Small Business Loans
USAJobs

DD Form 214

Certificate of Release or Discharge from Active Duty



Your DD 214 is the **key** to unlocking all future benefits.

CAUTION: NOT TO BE USED FOR IDENTIFICATION PURPOSES THIS IS AN IMPORTANT RECORD SAFEGUARD IT ANY ALTERATIONS IN SHADED AREAS RENDER FORM VOID

CERTIFICATE OF RELEASE OR DISCHARGE FROM ACTIVE DUTY
This Report Contains Information Subject to the Privacy Act of 1974, As Amended

1. NAME (Last, First, Middle)		2. DEPARTMENT, COMPONENT AND BRANCH		3. SOCIAL SECURITY NUMBER		
4a. GRADE, RATE OR RANK	4b. PAY GRADE	5. DATE OF BIRTH (YYYYMMDD)	6. RESERVE OBLIGATION TERMINATION DATE (YYYYMMDD)			
7a. PLACE OF ENTRY INTO ACTIVE DUTY		7b. HOME OF RECORD AT TIME OF ENTRY (City and state, or complete address if abroad)				
8a. LAST DUTY ASSIGNMENT AND MAJOR COMMAND		8b. STATION WHERE SEPARATED				
9. COMMAND TO WHICH TRANSFERRED			10. SGLI COVERAGE <input type="checkbox"/> NONE AMOUNT: \$			
11. PRIMARY SPECIALTY (List number, title and years and months in specialty. List additional specialty numbers and their monthly periods of one or more years.)		12. RECORD OF SERVICE				
13. DECORATIONS, MEDALS, BADGES, CYRATIONS AND CAMPAIGN RIBBONS AWARDED OR AUTHORIZED (List periods of service.)		12. RECORD OF SERVICE		YEARS	MONTHS	DAYS
		a. DATE ENTERED AD THIS PERIOD				
		b. SEPARATION DATE THIS PERIOD				
		c. NET ACTIVE SERVICE THIS PERIOD				
		d. TOTAL PRIOR ACTIVE SERVICE				
		e. TOTAL PRIOR INACTIVE SERVICE				
		f. FOREIGN SERVICE				
		g. SEA SERVICE				
		h. INITIAL ENTRY TRAINING				
		i. EFFECTIVE DATE OF PAY GRADE				
14. MILITARY EDUCATION (Count the number of weeks, and month and year completed)						
15a. COMMISSIONED THROUGH SERVICE ACADEMY		YES	NO			
b. COMMISSIONED THROUGH ROTC SCHOLARSHIP (To USC Sec. 10701)		YES	NO			
c. ENLISTED UNDER LOAN REPAYMENT PROGRAM (To USC Chap. 108) (If Yes, list Government)		YES	NO			
16. DAYS ACCRUED LEAVE PAID	17. MEMBER WAS PROVIDED COMPLETE DENTAL EXAMINATION AND ALL APPROPRIATE DENTAL SERVICES AND TREATMENT WITHIN 90 DAYS PRIOR TO SEPARATION					
18. REMARKS						

DD FORM 214, AUG 2009 PREVIOUS EDITION IS OBSOLETE. MEMBER - 4



Safeguard your DD 214!

BEFORE TRANSITION:

- Review the dates and locations of Service on your DD 214 CAREFULLY.
- Have mistakes corrected.

MY TRANSITION TIMELINE

18 - 24 MONTHS

- ❑ Make an appt. with your local Transition Assistance Program (TAP) Counselor for your individualized initial counseling
- ❑ Attend initial counseling and complete your personal self-assessment/ Individual Transition Plan (ITP)
- ❑ Schedule/attend Pre-separation counseling (can occur before 365 days, but no later than 365 days prior to separation or retirement)
- ❑ Identify a mentor
- ❑ Create a LinkedIn account, and start to build your network
- ❑ Explore career options and SFCD

12-18 MONTHS

- ❑ If separating/transiting, schedule/attend Initial Counseling Pre-separation Counseling (can occur before 365 days, but no later than 365 days)
- ❑ Explore SkillBridge or career skills opportunities
- ❑ Review finances to ensure you are financially ready for civilian life. Schedule a meeting with a personal financial counselor
- ❑ Learn about the VA Home Loan Guaranty Program
- ❑ Register for/attend TAP workshops and additional tracks (employment, vocational, entrepreneurship, higher education)

6-12 MONTHS

- ❑ Begin and refine your job search
- ❑ Use your master resume to begin drafting targeted resumes
- ❑ Arrange for household goods (HHG) transportation counseling if you plan to relocate upon separation
- ❑ Schedule your physical and dental checkups
- ❑ Decide if you want to "opt-out" of VA health benefits or not
- ❑ If retiring, meet with your Service Retirement Office
- ❑ Sign up for a free year of the

4-6 MONTHS

- ❑ Complete your Baseline Wellbeing Assessment and Separation Health Assessment
- ❑ Obtain copies of your medical records
- ❑ Review and update your will, other legal documents, and voter registration
- ❑ Consider whether to take terminal leave or sell back your leave balance
- ❑ Determine if you are eligible for separation pay or early retirement
- ❑ Submit a pre-discharge disability claim under the Benefits Delivery at Discharge (BDD) or Decision Ready Claim (DRC) programs (if applicable)

3 MONTHS

- ❑ Review your Pre-Separation Checklist (DD2648)
- ❑ Research your health insurance options; register for TRICARE (if you are retiring)
- ❑ If filing a claim for VA disability compensation, submit an application between 90-180 days prior to separation or retirement.
- ❑ Research life insurance options for self and family
- ❑ Contact your medical treatment facility to get copies of your health and dental records
- ❑ Complete VA Healthcare registration
- ❑ Set up a one-on-one session with a

90 DAYS OR LESS

- ❑ If seeking employment, begin applying and interviewing for positions
- ❑ Finalize relocation appointments and review your benefits, if applicable
- ❑ Begin to prepare your Disability claim with your local VSO (if applicable and not completed previously)
- ❑ If retiring and married, make a Survivor Benefit Plan election decision with your spouse
- ❑ If retiring, complete DD Form 2656 with a retirement services office or counselor

DAY OF SEPARATION + 365

- ❑ Ensure you have multiple certified copies of your DD-214 (Certificate of Release or Discharge from Active Duty) in a fireproof place
- ❑ Ensure your VA benefits contact information is updated with your current phone number, email, and address
- ❑ Continue to network and stay involved on LinkedIn and other social media sites
- ❑ Register for the VA burial pre-need program
- ❑ Apply for VA Dental Insurance (if applicable)
- ❑ Apply for Veterans ID card, Veteran's Health Identification Card, or print Proof of Service card from eBenefits
- ❑ Utilize Military OneSource (up to 365 days post-transition)
- ❑ If you're married, inform your spouse about the benefits offered by Spouse Education and Career

Located on

www.DoDTAP.mil under Resources/FAQs

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STEP 2:

Build Your Transition Team

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YOUR TRANSITION TEAM

Installation Resources

- Military & Family Support Staff
- Service Transition or TAP Office
- VA Benefits Advisor
- Chaplains, Health Professionals, Education Office

Off-installation Resources

- American Job Centers
- Vet Centers
- Military OneSource
- Military and Veteran Service Organizations

INTERAGENCY PARTNERS



DoD TAP



DOL VETS



VA Veterans Resources



SBA Office of Veteran Business Development

ADDITIONAL SUPPORT SOURCES

- Family Members
- Military Colleagues
- Veterans
- Mentors
- Social Network
- National Resource Directory (NRD)



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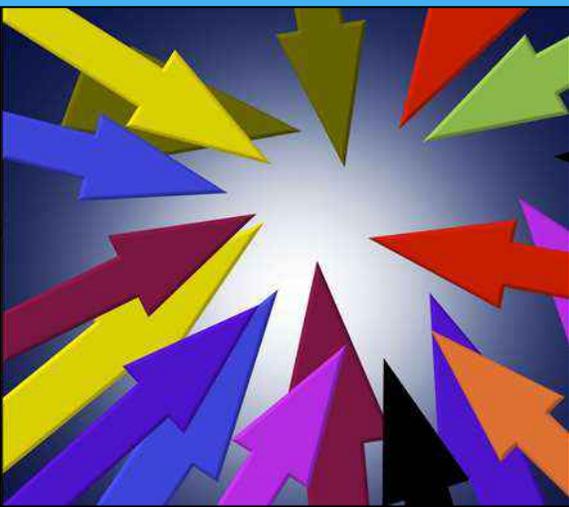
VA BENEFITS AND SERVICES



VA Benefits Advisors discuss VA benefits over 6 modules:

- 1** Navigating the Journey
- 2** Supporting Yourself and Your Family
- 3** Getting Career Ready
- 4** Finding a Place to Live
- 5** Maintaining Your Health
- 6** Connecting with Your Community

VA INFORMATION – RESOURCE GUIDE



- VA Disability
 - Benefits Delivery at Discharge
- VA Health Care
- **VA Women's Health**
- Transition Care Management (TCM)
- VA Mental Health Care
- Personalized Career Planning and Guidance (PCPG)
- VA Education Benefits
 - Transfer GI Bill
- Veteran Readiness & Employment (VR&E)
- VA Home Loan Guarantee
- VA Life Insurance
- State VA Offices
- VA Vet Centers
- VA Solid Start

VA DISABILITY BENEFITS:

Benefits Delivery at Discharge

What

Benefits Delivery at Discharge (BDD) provides VA disability compensation (pay) from day of discharge.

Who

Service members meeting the requirements begin the BDD claim process within 180 – 90 days from discharge.

How

Meet with a VA Benefits Advisor to determine if this option is right for you.

TRANSFER OF BENEFITS



Failure to complete the obligated Service before separating may require any benefits used to be repaid.

Criteria for active-duty Service member to transfer Post-9/11 GI Bill benefits

Served a minimum of 6 years

AND

Agree to add 4 more years of Service

AND

Recipient of benefits has enrolled in DEERS

STATE VA OFFICES



<https://www.va.gov/statedva.htm>

- Assist in identifying and accessing benefits after separation or retirement.
- Each state manages its own VA Office; therefore, each state's level of assistance will vary.

VA SOLID START



- Follow up phone calls from VA at 90, 180, 365 days after separation.
- Reminder emails with links to resources.
- Update contact information at VA.gov prior to separation/retirement.

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REQUIRED HEALTH ASSESSMENTS

TRICARE Online contains a Service Separation tab which provides the steps necessary to start the process.

SEPARATION HISTORY AND PHYSICAL EXAMINATION (SHPE)

- Either SHPE (DoD conducted) or SHA (VA conducted) is required prior to separation or release from active duty.

OR

SEPARATION HEALTH ASSESSMENT (SHA)

- Either SHA (VA conducted) or SHPE (DoD conducted) is required prior to separation or release from active duty.
- SHA is required for VA disability claims.

AND

MENTAL HEALTH ASSESSMENT (MHA)

- MHA is required prior to SHPE or SHA and will be included as part of the appointment.



Confirm your Service Treatment Record (STR) or Military Medical Record includes all medical aid received on AND off installation.

DoD inTRANSITION PROGRAM

inTransition
CONNECTING • COACHING • EMPOWERING

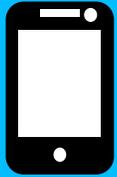
Free, confidential coaching and assistance for Service members who require mental health services.

Available to ALL Service members regardless of length of Service or discharge status

No expiration date to enroll

Automatically enrolled if seen by a behavioral health provider within 1 year of separation from active duty*

VETERANS/MILITARY CRISIS LINE



Save this information in your phone to assist friends and family



Text: 838255



Dial: 988; Press 1



Chat: www.VeteransCrisisLine.net

SEXUAL ASSAULT PREVENTION AND RESPONSE PROGRAM



- Sexual harassment
- Sexual assault
- Intimate Partner Violence (IPV)

Contact your unit or installation SAPR Victim Advocate or Safe Helpline if you have been a victim of Sexual Assault.

TRICARE HEALTH CARE PLAN



- Schedule an appointment with TRICARE representative.
- Visit the Plan Finder on the TRICARE website.
- Retirees who fail to enroll in TRICARE Prime or TRICARE Select will lose all TRICARE coverage.

TRANSITIONAL/TEMPORARY HEALTH CARE COVERAGE



- Continued Health Care Benefits Program (CHCBP)
- Transitional Assistance Management Program (TAMP)

HEALTH INSURANCE MARKETPLACE



- The Marketplace helps uninsured people find health coverage.
- Plans cover essential health benefits, pre-existing conditions, and preventive care.
- More information will be provided during the Financial Planning for Transition module.

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Plan for Civilian

Employment/Vocational Training

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DOL EMPLOYMENT TRACK: Employment Workshop (DOLEW)



EMPLOYMENT

- Identifying Skills
- Job Searching
- Networking
- Resume Building
- Federal Hiring
- Social Media
- Branding
- Applications
- Interviews
- Job Offers

CRS

Complete a resume or provide verification of employment

DOL VOCATIONAL TRACK: Career and Credentialing Exploration (C2E)



VOCATIONAL

- Vocational Training
- Career Clusters
- Career Assessments
- Resources
- Labor Markets
- Experience Opportunities
- Credentials
- Educational Goals
- Career Action Plan

CRS

Complete a comparison of technical training institution options

EMPLOYMENT NAVIGATORS

Looking for direction for your next career? Not sure how to identify your **“good fit” career field?** We can help.

Schedule your appointment today.

Scan the QR code with your phone camera. Scroll down to schedule your appointment online.



Employment Navigators provide assistance **with...**

- ✓ Self-Assessments
- ✓ Skills Testing
- ✓ Career Exploration
- ✓ Identification of high-demand careers
- ✓ Identification of necessary credentials
- ✓ Review of detailed labor market information
- ✓ Resume Review
- ✓ Connections to partners for additional employment services



For more information or to connect with an Employment Navigator, go to <https://www.dol.gov/agencies/vets/programs/tap/employment-navigator-partnership>



DOL TRANSITION EMPLOYMENT ASSISTANCE FOR MILITARY SPOUSES AND CAREGIVERS (TEAMS)

- Your Next Move
- Career Credentials
- Marketing Me
- Resume Essentials
- Federal Hiring
- Interview Skills
- LinkedIn Profiles/Job Search
- Salary Negotiations

DOL RESOURCES

- Career One Stop website
- American Job Centers (AJC)
 - Priority of Service
 - State Job Banks
 - Unemployment Compensation



IDENTIFYING SKILLS & INTERESTS

O*NET Online

- Interest Profiler
- My Next Move for Veterans

Verification of Military Experience and Training

(VMET)

DD Form 2586

CREDENTIALING

- Licenses
- Certifications
- Credentialing Opportunities On-Line (COOL)
- MilGears

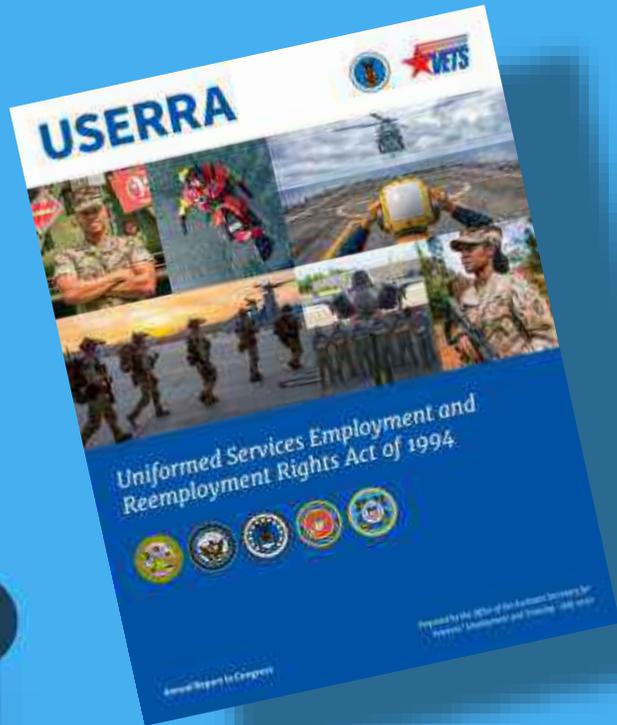




● GAINING EXPERIENCE

- Apprenticeships/OJT
- United States Military Apprenticeship Program (USMAP)
- DoD SkillBridge
- Volunteering
 - AmeriCorps

UNIFORMED SERVICE EMPLOYMENT AND REEMPLOYMENT RIGHTS ACT (USERRA)



- Federal law that establishes rights and responsibilities for uniformed Service members and their civilian employers
- Active Duty, National Guard, and Reserve Members covered by USERRA
- More information provided during DOL modules

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FEDERAL EMPLOYMENT OPPORTUNITIES

- Feds Hire Vets and USAJobs
- Veterans Preference
- Special Appointing Authority for Veterans
 - Veterans Employment Opportunities Act (VEOA)
 - Veterans Recruitment Appointment (VRA)
 - Thirty Percent or More Disabled Veterans



POST-MILITARY EMPLOYMENT RESTRICTIONS

180-Day Restriction on DoD
Employment of Military Retirees

Post-Government (Military) Service
Employment Restriction Counseling

FOREIGN GOVERNMENT EMPLOYMENT (FGE)

Circumstances requiring FGE approval are not always apparent; retiring members must consult a legal/ethics official when considering employment that may be considered FGE

All DAF retirees must acknowledge:

- Joint approval from SecAF and SecState is required prior to accepting employment with a foreign government or entity
- Compensation without prior FGE approval is subject to recoupment from retired pay
- Receipt of FGE briefing or viewing of AFPC/JA video vignette on post / foreign government employment



SCAN ME

For additional information visit:

<https://www.retirees.af.mil/Foreign-Government-Employment/>

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DoD EDUCATION TRACK:

Managing Your (MY) Education



EDUCATION

- Education Terms
- Reasons for Earning a Degree
- Choosing a Field of Study
- Degree Options
- Choosing an Institution
- Gaining Admission
- Transfer Credit
- Funding Options

CRS

Complete a comparison of higher education institution options

EDUCATION ASSISTANCE RESOURCES

Service Education Counselors resources:

- College level-testing
- **Veterans' Benefits**
- Tuition Assistance
- Financial Aid Assistance
- Deferments for military service

DANTES sponsored resources:

- Kuder Journey
- Online Academic Skills Training for College Prep/Placement Tests
- CLEP or College Credit-by-Exam
- Military Training Evaluation Program (MTEP)

Joint Service Transcript (JST)

Community College of Air Force (CCAF) Transcript



STATE AND FEDERAL PROGRAMS

State and Local Educational Benefits

Department of Education Federal Programs/Benefits:

- Federal Student Aid—Complete the FAFSA by October 1st
 - Grants
 - Loans
 - Work-Study Programs
- Veterans Upward Bound Program

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SBA ENTREPRENEURSHIP TRACK:

Boots to Business (B2B)



ENTREPRENEURSHIP

- Fundamentals
- Opportunities
- Market Research
- SmallBiz Economics
- Legal
- Financing



VETERANS FEDERAL PROCUREMENT OPPORTUNITIES & ASSISTANCE

Veteran entrepreneurship is supported by SBA, VA, and DoD through the following legislation and programs:

- SBA—Small Business Development Act 1999 created goals for veteran contracts.
- DoD Procurement Technical Assistance Center Program helps businesses pursue government contracts.
- VA Small and Veteran Business Program provides support to small and veteran businesses.

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EXTREMISM REPORTING METHODS

- For an emergency, call 911
- FBI-Tips Electronic Tip Form: <https://tips.fbi.gov/>
- Local FBI offices: <https://www.fbi.gov/contact-us/field-offices>

VETERAN CITIZENSHIP

- Former Air Force and Space Force members should:
 - Encourage young citizens to consider a period of military service
 - Honorably represent the Armed Forces in their communities
 - Educate their fellow citizens on military core values while respecting **their fellow citizen's right to have and express contrary opinions**
 - Be aware that certain predatory financial (including investment and lending), insurance and estate planning institutions may market products and services of questionable value to former military personnel and may try to falsely lead Veterans to believe that they are obtaining special discounts or rates as a result of their military service
- Former Air Force and Space Force members may:
 - **Wear their uniform at Memorial Day, Veteran's Day, and other patriotic celebratory events**

VETERAN CITIZENSHIP

- Former Air Force and Space Force members should not:
 - Exaggerate their military accomplishments (particularly records of combat service or acts of valor) or wear unearned medals/insignia
 - Disparage their Veteran status by being a member of; actively participating in; or advocating for or on behalf of supremacist, criminal, extremist, or hate groups/organizations, their causes, or their ideals
 - Supremacist or extremist groups/organizations are those that advance, encourage, or advocate:
 - illegal discrimination based on race, creed, color, gender, sexual orientation, religion, ethnicity, or national origin;
 - advocate the illegal use of force, violence, or criminal activity; or
 - otherwise engage in efforts to deprive individuals of their civil rights



U.S. Immigration
and Customs
Enforcement

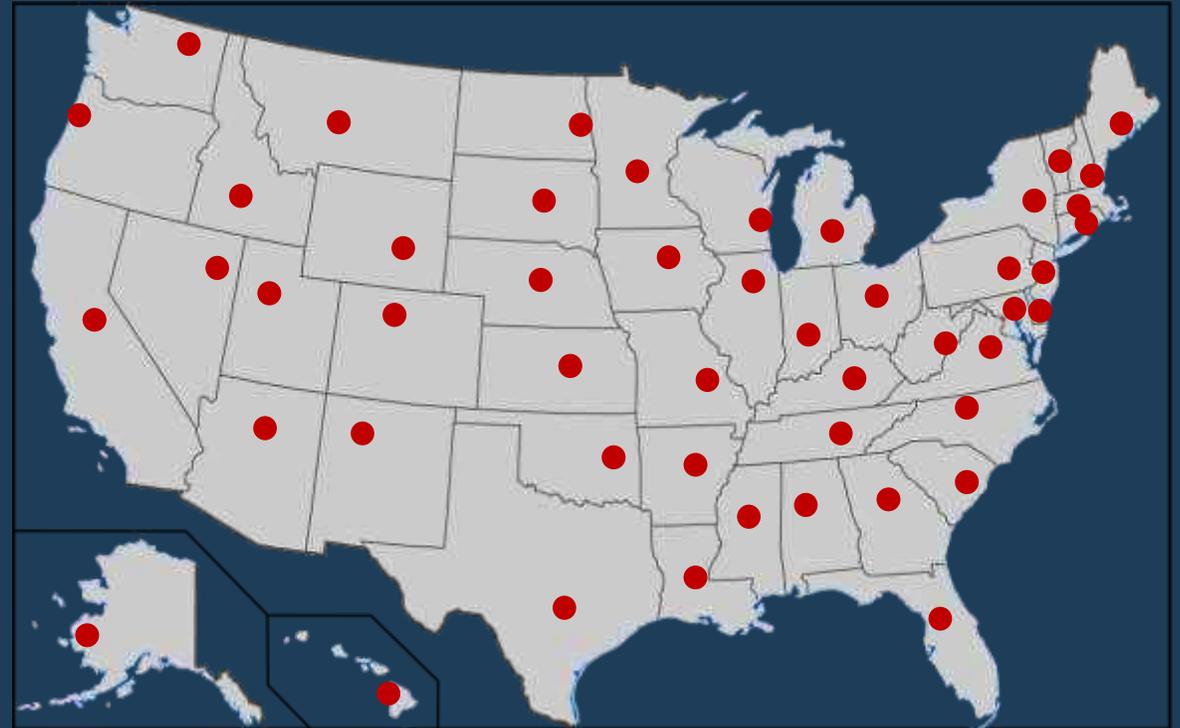
IMMIGRATION STATUS

Request information on immigration status
and expedited naturalization:

- DD 2648 eForm—Opt in
- DD 2648 printed form—Write an “opt in” election in Section XI – REMARKS, item 48

OPT-IN FOR STATE INFORMATION

- 1** Opt-in with your civilian email on the DD 2648
- 2** Indicate the state or states where you may live after transition
- 3** State representatives will contact you with information on employment, housing, education, etc.



ADDITIONAL INFORMATION

- Separation Pay
- Thrift Savings Plan (TSP)
- Survivor Benefit Plan (SBP)
- Legal Assistance
- Military Protections/Tax Benefits
- Permissive TDY/Excess Leave
- Housing Assistance/Homelessness
- Voting Assistance
- Adaptive Tools for Service Members
- Commissary, Exchange, MWR
- Travel/Transportation Allowances

- STEP 1: Plan for Your Transition
- STEP 2: Build Your Transition Team
- STEP 3: Know Your VA Benefits
- STEP 4: Plan for Health/Mental Care and Health Insurance
- STEP 5: Plan for Civilian Employment/Vocational Training
- STEP 6: Learn About Federal Employment
- STEP 7: Plan for Further Education
- STEP 8: Consider Starting a Business
- STEP 9: Explore Additional Information and Benefits



STEP 10:

Know Where to Go for Assistance

INSTALLATION RESOURCES

This slide is included for sites to add site-specific information about Installation Resources.

See font and color details below.

HIDE slide if not used; do not DELETE slide as it may be needed for future presentations.

Title Font: 48-54 pts - Franklin Gothic Medium, All CAPS. | Body Font: Minimum 18 pts - Calibri Body

Color Codes: Dark Blue - RGB (R: 30, G: 61, B: 88) | Light Blue - RGB (R: 0, G: 176, B: 240)



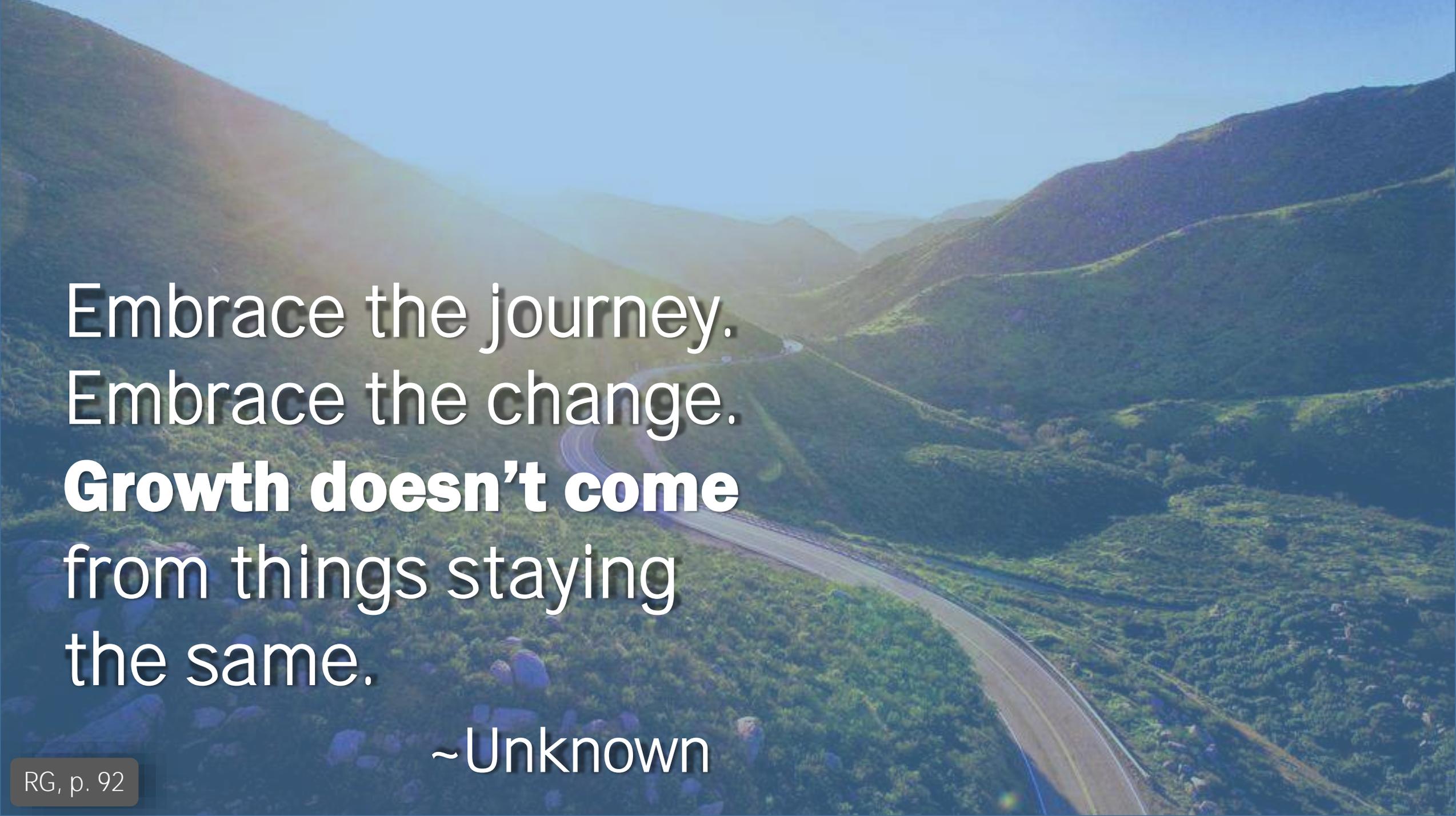
TAP TRANSITION ONLINE LEARNING (TOL)

- Managing Your (MY) Transition
- MOC Crosswalk
- Financial Planning for Transition
- VA Benefits and Services
- Employment Fundamentals for Career Transition
- DOL Employment Track:
Employment Workshop (DOLEW)
- DOL Vocational Track: Career and
Credential Exploration (C2E)
- DOD Education Track: Managing Your
(MY) Education (MYE)
- SBA Entrepreneurship Track: Boots
to Business (B2B)

www.TAPEvents.mil

MILITARY LIFE CYCLE (MLC) COURSES

- Transitioning to Federal Employment
- Reserve Component Dual Payments
- Social and Emotional Health Resources
- Survivor and Casualty Assistance Resources
- VA Benefits 101
- VA Education Benefits
- VA Home Loan Guaranty Program
- VA Life Insurance Benefits
- Vet Centers



Embrace the journey.
Embrace the change.
Growth doesn't come
from things staying
the same.

~Unknown



About to Retire?

If you are interested in...

- Staying close to the Air Force family?
- Giving back to your local community?
- Helping develop citizens of character?



...then becoming an AFJROTC Instructor may be the right choice for you!

AFJROTC is a Congressionally-mandated high school citizenship program (not a recruiting program).

Who Can Apply?

- Air Force Retirees: E6-E9 or O4-O6
- Any Component (AD, ANG, AFRES)
- Retired Less Than 5 years
- Any AFSC
- No prior teaching experience required!



AFJROTC Employment Features:

- ✓ Competitive Monthly Compensation
- ✓ Minimum 10-Month Annual Contract
- ✓ State-Sponsored Retirement Programs
- ✓ World Class, Accredited Curriculum
- ✓ Nearly 900 Locations Worldwide

To learn more about AFJROTC, including how to become an instructor, please visit:

<https://www.airuniversity.af.edu/Holm-Center/AFJROTC/>

Air Force Junior Reserve Officer Training Corps

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Go To

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For a free 1-year
eMembership

www.AFA.org



JOIN THE FIGHT!

As a member of the Air Force Association (AFA), you will have opportunities to continue to provide leadership advocating for air and space power - through continued professional development, education programs, and networking opportunities, worldwide.

We are Airmen for Life!

QUESTIONS?

Reminder:

We are here to help YOU! If you have any questions at any point during your transition, please let us know.

