## **Keystone Club**

Are you a leader? Do you want to have input into the programming here at the Teen Center? Do you want to make a difference in your community? If you answered yes to any of these questions join us for our Keystone meetings. Be heard and make a difference.

#### Girls Talk

Aim high, girls! This program teaches young girls how to find the potential they have in themselves. Through an amazing club leader, they will learn health, fitness, education and self-esteem enhancement to build the right skills for a better future.

## **Passport to Manhood**

Passport to Manhood promotes and teaches responsibility among young men. It consists of sessions concentrating on a specific aspect or character and manhood through highly interactive activities. Each participant receives his own "passport" to underscore the notion that he is on a personal journey of maturation and growth.

## **Cooking Club**

Join us on as we teach basic cooking techniques and explore the foods around the world.

## **Fine Arts Club**

Find your inner Picasso with the Fine Arts Club. We'll teach you the basics of painting, drawing, and other forms of arts.

#### Oki Otaku Gamer's Club

Interested in board and video games? Join the Gamer's Club where you can participate in tournaments, learn fundamentals of new video games and challenge other members to battle you in versus games.

# **Teen Support Group**

Stuck in a sticky situation? Need some advice? Come meet with others and the MFLC, talk about your week and get out all your stressors!

### Be Fit

We'll select an activity. Then we'll turn off the video games and movies and just play! Following the activity, teens get a healthy snack and refreshing drink!